

HEY-DIDDLE-DIDDLE DAY CARE MENU

October 2019



Week 1	Monday 30	Tuesday 1	Wednesday 2	Thursday 3	Friday 4
BREAKFAST	Choice of WG cereal or WW toast with fruit and milk served between 7:00-7:30 a.m.				
MORNING SNACK	WW Toast Blueberries & Pineapple Milk	Egg WW Toast Grapes Milk	Animal Crackers Strawberries Milk	Toast String Cheese Watermelon Milk	Whole Wheat Crackers Watermelon Milk
LUNCH	Chicken WW Bread Carrots Strawberries Milk	Turkey Chili Clementine Crackers Milk	WW Bread Ham & String Cheese Carrots Grapes Milk	Cod WW Bagel Applesauce Peas & Carrots Milk	Chicken Pasta Mandarin Oranges Broccoli & Cauliflower Milk
AFTERNOON SNACK	Goldfish Crackers Apples	Watermelon Pretzels	Strawberry Yogurt Blueberries & Bananas	Banana Bread Apple Slices	Cottage Cheese Avocado Slices Goldfish Crackers
Week 2	Monday 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11
BREAKFAST	Choice of WG cereal or WW toast with fruit and milk served between 7:00-7:30 a.m.				
MORNING SNACK	WG Goldfish Crackers Oranges Milk	WG Cereal Mix Applesauce Milk	Oatmeal Pears Milk	Muffin Mixed Fruit Milk	Cinnamon Toast Oranges Milk
LUNCH	WW Bread Tuna Peas Peaches Milk	Beef & Noodle Casserole Pears Corn Milk	Turkey & Cheese on WW Bread Cucumbers Grapes Milk	Roast Beef Green Beans Mixed Fruit WW Bread Milk	Mozzarella & Veg Pizza Broccoli Apples & Bananas Milk
AFTERNOON SNACK	String Cheese Cucumbers	WW Bread & Jam Oranges	Rice Cake with Cream Cheese Milk	Pretzels Applesauce	Carrot Sticks WW Crackers
Week 3	Monday 21	Tuesday 22	Wednesday 23	Thursday 24	Friday 25
BREAKFAST	Choice of WG cereal or WW toast with fruit and milk served between 7:00-7:30 a.m.				
MORNING SNACK	Oatmeal Banana Milk	Cheerios Oranges Milk	English Muffin Peaches Milk	Waffle Applesauce Milk	WW Toast Mixed Fruit Milk
LUNCH	Cheese Ravioli with Meat Sauce Mixed Veggies Applesauce Milk	Turkey Meatballs Corn Pears WW Bread Milk	Homemade Chicken Nuggets Mandarin Oranges Green Beans WW Bread Milk	WW Grilled Cheese Tomato Soup Cottage Cheese Pineapple Milk	Mini Burger on Bun Baked Beans Apple Slices Milk
AFTERNOON SNACK	WG Wheat Thins Red Grapes	Carrot Sticks w/Ranch Pretzels	Cheese Quesadilla Milk	Ritz Crackers Cheese Cubes	HM Cracker & Cereal Snack Mix Milk

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Week 4	Monday 28	Tuesday 29	Wednesday 30	Thursday 31	
BREAKFAST	Choice of WG cereal or WW toast with fruit and milk served between 7:00-7:30 a.m.				
MORNING SNACK	Yogurt & Raspberry Smoothies Animal Crackers	Graham Crackers Banana Milk	WG English Muffin Orange Wedges Milk	WG Cereal Mix Banana Milk	
LUNCH	HM Chicken Noodle Soup Crackers Mixed Vegetables Cinnamon Apples Milk	Meatloaf Baked Potato Wedges Peas & Carrots WW Bread Milk	HM Mac & Cheese Ham Corn Peaches Milk	Turkey Breast WW Bread Green Beans Mixed Fruit Milk	
AFTERNOON SNACK	String Cheese Cheese Wheat Thins	Yogurt Strawberries	Ritz Crackers Grapes	Whole Grain Club Crackers Peaches	

HM=Homemade WW=Whole Wheat WG=Whole Grain
 Water is visible and available all day for children to self-serve or request
 1% Milk is served to children ages 2 & up