



HEY-DIDDLE-DIDDLE DAY CARE MENU

November 2019



Week 1					Friday 1
BREAKFAST	Choice of WG cereal or WW toast with fruit and milk served between 7:00-7:30 a.m.				
MORNING SNACK					Animal Crackers Banana Milk
LUNCH					Turkey & Cheese Quesadilla Tator Tots Peaches Milk
AFTERNOON SNACK					Banana Bread Apple Juice
Week 2	Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8
BREAKFAST	Choice of WG cereal or WW toast with fruit and milk served between 7:00-7:30 a.m.				
MORNING SNACK	WW Cinnamon Toast Strawberries & Banana Milk	Banana Bread Grapes Milk	Graham Cracker Oranges Milk	Animal Crackers Mixed Fruit Milk	WW Bagel Strawberries Milk
LUNCH	Spaghetti w/meat sauce Peas & Carrots Applesauce Milk	Meatloaf WW Bread Peaches Green Beans Milk	Turkey & Cheese Melt on WW Mixed Fruit Broccoli Milk	Chili Saltines Strawberries Milk	Mozzarella & Veg Pizza Carrot Sticks HM Applesauce Milk
AFTERNOON SNACK	Goldfish Crackers String Cheese	Graham Crackers Milk	Goldfish Crackers Mandarin Oranges	Wheat Thins Banana	Pretzels Milk
Week 3	Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15
BREAKFAST	Choice of WG cereal or WW toast with fruit and milk served between 7:00-7:30 a.m.				
MORNING SNACK	Graham Cracker Banana Milk	Cheerios Oranges Milk	English Muffin Peaches Milk	WW Bagel Banana Milk	WW Toast Pineapple Milk
LUNCH	Sloppy Joe on Bun Tator Tots Pears Milk	Beef Roast Dinner Roll Corn Peaches Milk	Pork WW Bread Broccoli Oranges Milk	Cheese Ravioli with meat sauce Green Beans Mandarin Oranges Milk	Mac & Cheese Ham Applesauce Bake Beans Milk
AFTERNOON SNACK	Cottage Cheese Red Grapes	Carrot Sticks w/Ranch Pretzels	Apples Cookie Milk	Goldfish Crackers Babybel Cheese	HM Cracker & Cereal Snack Mix Milk



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Week 4	Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22
BREAKFAST	Choice of WG cereal or WW toast with fruit and milk served between 7:00-7:30 a.m.				
MORNING SNACK	Animal Crackers Grapes Milk	Muffin Mixed Fruit Milk	Oatmeal Blueberries Milk	WW Toast Oranges Milk	Cheerios Banana Milk
LUNCH	HM Chicken Nuggets WW Bread Mixed Fruit Peas Milk	Grilled Cheese Tomato Soup Cottage Cheese Peaches Milk	Scrambled Egg WW Toast Strawberries Milk	Tuna Melt on Bun Peas Applesauce Milk	Beef & Cheese Taco Corn Mixed Fruit Milk
AFTERNOON SNACK	Strawberry Yogurt Graham Cracker	Ritz Crackers String Cheese	Tortilla Chips Apple Slices	Bread & Jam Milk	Cottage Cheese Mixed Fruit
Week 6	Monday 25	Tuesday 26	Wednesday 27	Thursday 28	Friday 29
BREAKFAST	Choice of WG cereal or WW toast with fruit and milk served between 7:00-7:30 a.m.				
MORNING SNACK	Kix Cereal Orange Wedges Milk	Mini Pancake Peaches Milk	English Muffin Strawberries Milk		
LUNCH	Baked Fish WW Bread Corn Mixed Fruit Milk	Ham & Cheese Sandwich Mixed Fruit Green Beans Milk	Lasagna Lettuce Salad Mixed Fruit Milk	CLOSED Happy Thanksgiving!	
AFTERNOON SNACK	Cheese Quesadilla Milk	Goldfish Crackers Apples	Pretzels Grapes		

HM=Homemade WW=Whole Wheat WG=Whole Grain
 Water is visible and available all day for children to self serve or request
 1% Milk is served to children ages 2 & up